Proof of Consent

This document was generated to show efforts made to comply with privacy legislation. This document will contain the Cookie Policy and the cookie consent settings to proof consent for the time and region specified below. For more information about this document, please go to https://complianz.io/consent.

This Cookie Policy was last updated on 1.11.2021 and applies to citizens and legal permanent residents of the European Economic Area.

1. Introduction

Our website, <u>https://www.pronutritionist.net</u> (hereinafter: "the website") uses cookies and other related technologies (for convenience all technologies are referred to as "cookies"). Cookies are also placed by third parties we have engaged. In the document below we inform you about the use of cookies on our website.

2. What are cookies?

A cookie is a small simple file that is sent along with pages of this website and stored by your browser on the hard drive of your computer or another device. The information stored therein may be returned to our servers or to the servers of the relevant third parties during a subsequent visit.

3. What are scripts?

A script is a piece of program code that is used to make our website function properly and interactively. This code is executed on our server or on your device.

4. What is a web beacon?

A web beacon (or a pixel tag) is a small, invisible piece of text or image on a website that is used to monitor traffic on a website. In order to do this, various data about you is stored using web beacons.

5. Cookies

5.1 Technical or functional cookies

Some cookies ensure that certain parts of the website work properly and that your user preferences remain known. By placing functional cookies, we make it easier for you to visit our website. This way, you do not need to repeatedly enter the same information when visiting our website and, for example, the items remain in your shopping cart until you have paid. We may place these cookies without your consent.

5.2 Statistics cookies

We use statistics cookies to optimize the website experience for our users. With these statistics cookies we get insights in the usage of our website. We ask your permission to place statistics cookies.

5.3 Marketing/Tracking cookies

Marketing/Tracking cookies are cookies or any other form of local storage, used to create user profiles to display advertising or to track the user on this website or across several websites for similar marketing purposes.

6. Placed cookies

Google Analytics

Statistics

Usage

We use Google Analytics for website statistics. Read more

Sharing data

For more information, please read the <u>Google Analytics Privacy Statement</u>.

Statistics

Name

<u>_ga</u>

Expiration

2 years

Function

Store and count pageviews

Divi (Elegant Themes)

Functional, 0

Usage

We use Divi (Elegant Themes) for website design. Read more

Sharing data

This data is not shared with third parties.

Functional

Name

et-pb-recent-items-colors

Expiration

persistent

Function

Provide functions across pages

Name

et-pb-recent-items-font_family

Expiration

persistent

Function

Provide functions across pages

Name

et-editor-available-post-*

Expiration

session

Function

0

Name

et-saved-post-*

Expiration

Function

Google Fonts

Marketing/Tracking

Usage

We use Google Fonts for display of webfonts. Read more

Sharing data

For more information, please read the <u>Google Fonts Privacy Statement</u>.

Marketing/Tracking

Name

Google Fonts API

Expiration

expires immediately

Function

Read user IP address

YouTube

Marketing/Tracking, Functional

Usage

We use YouTube for video display. Read more

Sharing data

For more information, please read the <u>YouTube Privacy Statement</u>.

Marketing/Tracking

Name

<u>GPS</u>

Expiration

session

Function

Store location data

Name

<u>YSC</u>

Expiration

session

Function

Store and track interaction

Name

<u>PREF</u>

Expiration

8 months

Function

Store user preferences

Functional

Name

VISITOR_INFO1_LIVE

Expiration

6 months

Function

Provide bandwidth estimations

7. Consent

When you visit our website for the first time, we will show you a pop-up with an explanation about cookies. As soon as you click on "Tallenna asetukset", you consent to us using the categories of cookies and plug-ins you selected in the pop-up, as described in this Cookie Policy. You can disable the use of cookies via your browser, but please note that our website may no longer work properly.

7.1 Manage your consent settings

8. Your rights with respect to personal data

You have the following rights with respect to your personal data:

- You have the right to know why your personal data is needed, what will happen to it, and how long it will be retained for.
- Right of access: You have the right to access your personal data that is known to us.
- Right to rectification: you have the right to supplement, correct, have deleted or blocked your personal data whenever you wish.
- If you give us your consent to process your data, you have the right to revoke that consent and to have your personal data deleted.
- Right to transfer your data: you have the right to request all your personal data from the controller and transfer it in its entirety to another controller.
- Right to object: you may object to the processing of your data. We comply with this, unless there are justified grounds for processing.

To exercise these rights, please contact us. Please refer to the contact details at the bottom of this Cookie Policy. If you have a complaint about how we handle your data, we would like to

hear from you, but you also have the right to submit a complaint to the supervisory authority (the Data Protection Authority).

9. Enabling/disabling and deleting cookies

You can use your internet browser to automatically or manually delete cookies. You can also specify that certain cookies may not be placed. Another option is to change the settings of your internet browser so that you receive a message each time a cookie is placed. For more information about these options, please refer to the instructions in the Help section of your browser.

Please note that our website may not work properly if all cookies are disabled. If you do delete the cookies in your browser, they will be placed again after your consent when you visit our websites again.

10. Contact details

For questions and/or comments about our Cookie Policy and this statement, please contact us by using the following contact details:

Booston Oy Viikinkaari 6, 00780 Helsinki Finland Website: <u>https://www.pronutritionist.net</u> Email: <u>reijo.laatikainen@booston.fi</u> Phone number: 040 7171 753

This Cookie Policy was synchronized with cookiedatabase.org on 1.11.2021

Cookie consent settings

- is_multisite_root =>
- block_ajax_content => 0
- do_not_track =>
- consenttype => optin
- region => eu
- geoip =>
- categories => Custom event functional, Custom event statistics, Custom event marketing
- checkbox_style => slider
- use_categories => hidden
- use_categories_optinstats => hidden
- header => Evästekäytäntö (EU)
- accept => Accept
- revoke => Manage consent

- dismiss => En hyväksy
- dismiss_timeout => 10
- readmore_optin => Evästekäytäntö
- readmore_impressum => Impressum
- accept_informational => Accept
- message_optout => We use cookies to optimize our website and our service.
- message_optin => Käytämme evästeitä ja vastaavia tekniikoita, jotta voimme parantaa ja räätälöidä käyttökokemustasi. Napsauttamalla Hyväksy kaikki hyväksyt evästeiden ja vastaavien tekniikoiden käytön. Voit muuttaa asetuksia milloin tahansa valitsemalla sivun alareunassa Evästeasetukset. Lue lisää
- readmore_optout => Cookie Policy
- readmore_optout_dnsmpi => Do Not Sell My Personal Information
- disable_cookiebanner =>
- soft_cookiewall =>
- dismiss_on_scroll =>
- dismiss_on_timeout =>
- cookie_expiry => 365
- set_cookies_on_root => 0
- cookie_domain =>
- cookie_path => /
- tcf_active =>
- colorpalette_background_color => #f9f9f9
- colorpalette_background_border => #f9f9f9
- colorpalette_text_color => #191e23
- colorpalette_text_hyperlink_color => #191e23
- colorpalette_toggles_background => #21759b
- colorpalette_toggles_bullet => #ffffff
- colorpalette_toggles_inactive => #F56E28
- colorpalette_button_accept_background => #21759b
- colorpalette_button_accept_border => #21759b
- colorpalette_button_accept_text => #ffffff
- colorpalette_button_deny_background => #f1f1f1
- colorpalette_button_deny_border => #f1f1f1
- colorpalette_button_deny_text => #21759b
- colorpalette_button_settings_background => #f1f1f1
- colorpalette_button_settings_border => #21759b
- colorpalette_button_settings_text => #21759b
- box_shadow => 0 0 10px rgba(0, 0, 0, .4)
- animation => none
- animation_fade =>
- animation_slide =>
- view_preferences => Asetukset
- save_preferences => Tallenna asetukset
- accept_all => Hyväksy kaikki
- privacy_link_us => #